

Exposure of impacted upper canine

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This leaflet aims to enhance your understanding of the upcoming treatment and addresses many common questions. If you have any additional questions or need further clarification, please do not hesitate to ask.

The problem

The canine, or eye tooth, normally erupts into the mouth between the ages of 11 and 13. Sometimes one or both canines develop in the wrong position, often lying across the roof of the mouth behind the front teeth.

Why do I need treatment?

As part of your ongoing orthodontic treatment, it is necessary to help the tooth erupt into the mouth because one or both of your canines are in the wrong place. If left alone, the tooth will not erupt normally and may either damage the roots of the front teeth or push them out of position. This treatment is only available in coordination with an approved treatment plan from your treating orthodontist.

What does the treatment involve?

Helping the tooth erupt into your mouth involves a relatively minor surgical procedure. This usually takes place under a "day case" general anaesthetic, meaning you will be put to sleep completely but will be able to go home on the same day as surgery. While you are asleep, the gum lying over the canine will be pushed back. Occasionally, some of the bone surrounding the crown of the tooth also needs to be removed.

How will the orthodontist pull the tooth into the correct position?

Once the canine is exposed, one of three things will happen under the same anaesthetic. What is going to happen for you will already have been discussed.

- **Bracket and chain:** A small bracket is glued to the tooth. Attached to this is a chain which your orthodontist can then use to pull the tooth into the right position. The chain is usually stitched out of the way but is quite delicate, so it is important to be careful when eating for the first few weeks after surgery.
- **A plate:** Sometimes a small window will be cut in the gum over the tooth and a plastic "dressing" plate put in place to cover the area. This plate is held in your mouth with clips that attach to some of your back teeth. It is important that you wear the plate all the time except when you take it out to clean your teeth. Without the plate, the gum may grow back, making it difficult for the orthodontist to move the tooth into position.
- **A pack:** Sometimes a pack made from gauze soaked in an antiseptic is placed over the tooth after it is exposed. The pack is kept in position with stitches and removed after a few

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weeks. You must be careful not to dislodge the pack. If this happens, you should contact the department for advice.

Sometimes it is necessary to hold the gum back in the right position with stitches at the end of the operation. These are usually dissolvable and take about two weeks to disappear.

Is there much pain or swelling?

All of the above procedures are not particularly painful, but you will experience some soreness afterwards. There is usually very little swelling. If it is likely to be sore, your surgeon will arrange painkillers for you. It is not usually necessary to take antibiotics.

Will I need another appointment?

You will need to return a few weeks after surgery to have the area checked by your orthodontist or surgeon. Further appointments after this will be necessary for your ongoing orthodontic care.

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