

Pre-Operative Instructions

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This leaflet provides essential pre-operative instructions for patients scheduled for minor oral surgery under local anaesthetic. Please follow these simple instructions to ensure a smooth procedure and recovery.

Procedure Details

- The surgery will be performed under local anaesthetic, meaning you will be awake but the area being treated will be numbed.
- The duration of the procedure varies depending on the specific surgery.

Before Your Appointment

- **Diet and Medication:** Eat, drink, and take your regular medication as usual unless otherwise instructed by your doctor. This helps avoid faintness during the procedure.
- **Blood Thinners:** If you are on blood thinners, discuss this with your clinician before surgery.
- **Medication List:** Bring a list of all current medications on the day of surgery.
- **Accompaniment:** It's recommended (though not mandatory) to have someone accompany you to the appointment and arrange for transportation home afterward.
- **Pre-Operative Tests:** Any required tests (e.g., blood tests) will be discussed during your consultation. Instructions regarding the timing of these tests (e.g., 1 or 2 hours before the appointment) will be provided.

Post-Operative Care

- **Wound Care:** You will receive instructions on how to care for the surgical wound after the procedure.
- **Pain and Swelling:** Post-operative pain and swelling are common. It is recommended to have paracetamol or ibuprofen at home and to follow the dosage instructions. Pain and discomfort are to be expected following any surgical procedure.
- **Rest:** Rest for the remainder of the day following surgery.

Contact Information and Follow-Up

- **Concerns or Questions:** If you have any issues after the procedure, contact the Oral and Maxillofacial Department at the provided phone numbers or email.
- **Appointment Reminders:** You will receive a text reminder about your appointment, which you can cancel via text if necessary.
- **Late Arrivals and Cancellations:** If you're late, your appointment might be rescheduled. Late cancellations without a valid reason may be subject to a cancellation fee as per the admitting hospital's policy. Multiple cancellations may result in the need for a referral back to your GP or dentist. Failure to attend without notice will lead to discharge back to your GP or dentist.

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